

EMPOWERING THE WHOLE MUSICIAN MIND and BODY

New York City - June 27 - 29, 2012 Symposium Co-Chairs - Gail Berenson, NCTM - Patricia Frehlich, RMT, NCTM

Join your colleagues from Canada and the United States for a three-day wellness symposium. Hosted by Music Teachers National Association and the Canadian Federation of Music Teachers' Associations, this event will offer insight into wellness issues facing musicians.

The corporate sponsor for the event will be the Yamaha Corporation of America and the symposium will take place at its Artist Services Facility, located at 689 Fifth Avenue, in the historic Aeolian Building in midtown Manhattan.

Three internationally acclaimed wellness experts will offer daily workshops from 9:00 A.M. – 12:30 P.M. The remainder of each day will be free to explore all New York City has to offer.

To maintain an intimate learning setting, only 150 registrants will be accepted, so register early to ensure you don't miss this exciting educational opportunity.

Schedule

Wednesday, June 27, 2012

Vanessa Cornett-Murtada
9:00–10:30 A.M. Lecture #1
10:30–11:00 A.M. Break
11:00–12:30 P.M. Lecture #2

Thursday, June 28, 2012

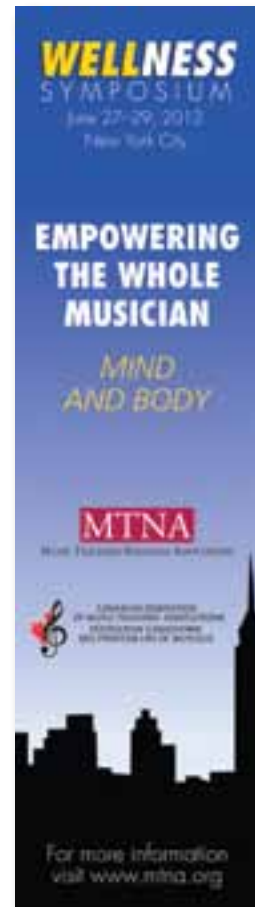
Kathleen Riley
9:00–10:30 A.M. Lecture #1
10:30–11:00 A.M. Break
11:00–12:30 P.M. Lecture #2
6:30 - 7:30 P.M. Complimentary
Reception hosted by Steinway
and Sons at Steinway Hall
109 West 57th Street

Friday, June 29, 2012

Julie Jaffee Nagel
9:00–10:30 A.M. Lecture #1
10:30–11:00 A.M. Break
11:00–12:30 P.M. Lecture #2



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Presenters:

Registration Information

- Registration for the event will be \$150 U.S.
- Advanced registration is now available **online** or via **PDF** at www.cfmta.org.
- Onsite registration will be available at Artist Services Facility, located at 689 Fifth Avenue, in the historic Aeolian Building, New York, New York during the Symposium, providing it's not sold out.

Refunds

- Any refund requests must be submitted in writing to MTNA and post marked, faxed or e-mailed no later than June 10, 2012. A \$50 processing fee will be assessed for all refunds.

Share a room?

- If you are interested in sharing a room while attending the symposium, please contact Pat Frehlich at frehlich@shaw.ca and she will be to try to facilitate that by connecting those interested!

Travel Information

Attendees are responsible for their own travel. However the Symposium is partnering with Bill Andrews at New Wave Travel to assist with the following:

- Hotel Reservations (for accommodations within walking distance of the event)
- Airline tickets
- Transfers
- Travel insurance

For all your travel needs, please contact Bill directly at (800) 463-1512, ext.224 or e-mail william@newwavetravel.net.

Vanessa Cornett-Murtada is



the director of keyboard studies at the University of St. Thomas in St. Paul, Minnesota, where she teaches piano and piano pedagogy. An international clinician, she has lectured throughout the United States and in the United Kingdom, Ireland, Italy, Serbia, Croatia and Taiwan. She has published papers in the Journal of Undergraduate Neuroscience Education and Cultural Politics and book chapters in the fourth edition of Creative Piano Teaching. A certified hypnotherapist, she specializes in the treatment of performance anxiety for musicians. Her current research focuses on mindfulness and the nature of human consciousness in the performing arts.

Kathleen Riley, Ph.D., is known



nationally as a lecturer and clinician on musicians' technique and injury prevention. She has more than 30 years of piano teaching experience, training in biofeedback techniques, and research in biofeedback and music performance with musicians. Riley has worked with specialists in different retraining therapies and has developed her own method.

She is the music performance and rehabilitation specialist for the Yamaha Music and Wellness Institute and clinical director of ProformaVision. She has been invited to join the first comprehensive, interdisciplinary, medically based, world-wide performance enhancement and treatment network for musicians. She is a widely published author.

Julie Jaffee Nagel is a graduate of the



Juilliard School, the University of Michigan and the Michigan Psychoanalytic Institute. Her work on performance anxiety, music as a point of entry into emotion and unconscious processes, and music as an instrument of social change and mental health outreach has been published in peer-reviewed journals. She is the recipient of several prestigious awards and is co-chair of the American Psychoanalytic Association's Committee on Psychoanalysis and the Arts and chair of Psychoanalytic Perspectives on Music. Nagel is on the faculties of Michigan Psychoanalytic Institute and the University Of Michigan Department Of Psychiatry, and is in private practice.

